

Saeeda M

Education

- 2020: Merit in Masters in Physician Associate Studies, Brighton and Sussex Medical School.
- 2014: 1st Class Honours in BSc Biomedical Science, University of Greenwich, 2014.
- 2017: Pass in VTCT Level 3 NVQ Award in Fashion and Photographic Make-up, 2017
- 2022: Foundation training course for the use botulinum toxin typeA & Dermal fillers at Derma Medical Training Academy
- 2021: Pass in Introduction to Dermoscopy, Cardiff university.

Skills

- 6 languages: English, Farsi, Dari, Hindi, Urdu, Spanish (GCSE grade B).
- Analytical skills required for service improvement project.
- Laboratory skills required to use PCR, gel electrophoresis and bioinformatics to identify mutated gene of TB in Human DNA under Human Genome project.
- Medical skills: clerking patients including physical examinations, Cannulation & venepuncture, ABGs, ECG, Peakflow / spirometry, catheterisation, speculum and cervical cytology, nasogastric tube insertion, oxygen therapy & nebs.
- Surgical skills: curettes, shave excisions, 4-8 mm punch biopsy/excisions, different type of suturing, cryotherapy, IM/SC injections, PRP, Mesogun, Botox & Dermal fillers.
- Teledermatology.
- Auditing. Trichoscopy.
- Remain g calm under pressure.
- Make-up Artist
- Hair laser removal

I am an experienced and skilled Consultant Dermatologist's Assistant and Physician Associate, with a background in healthcare and biomedical science. My expertise includes performing excisions of lesions, hair assessments, full body pictures for mole mapping, and platelet rich plasma for hair growth. Additionally, I possess laboratory skills required for identifying mutated genes of TB in Human DNA and I have experience working in almost all departments in the healthcare industry. I am fluent in six languages and have a passion for service improvement projects. With my surgical, medical, and auditing skills, I am confident in my ability to make a positive impact in any healthcare setting.

2023 – Current: Consultant Dermatologist’s Assistant, Private Hospital.

As a consultant dermatologist's assistant, I assist with the excision of lesions. In addition, I carry out hair assessments, including taking patient histories, performing trichoscopy, and sending reports to the tricho lab. Independently, I also use photofinder to take full-body pictures for mole mapping and use a mesogun on the scalp to administer platelet-rich plasma (emcyte) for hair growth.

2021 – Current: Physician Associate, Dermatology, NHS hospital.

I support doctors in inflammatory, skin cancer, and hair clinics by taking histories and creating management plans. I also provide support for the psoriasis treatment follow-up clinic. Independently, I carry out excisions and minor surgeries. Additionally, I provide support for Teledermatology, which involves the diagnosis and treatment of skin lesions.

2015 – 2021: Healthcare Assistant, NHS hospital.

I worked in almost all the departments, supporting nurses and doctors in patient care, providing non-clinical support, and carrying out infection control tasks. I also managed basic wound care with the nurses, including dressing management.

2015: Pathology support worker, NHS hospital.

This work involved handling pathology samples, sorting and managing them, entering data, handling telephone queries from health professionals, preparing clinical specimens for biological testing, and carrying out various other technical, clerical, and portering roles.

2014 – 2015: Healthcare Assistant, Nurseplus

This improved my adaptability skills within the role and increased my confidence in building trust with patients in limited time frame.

2014: Voluntary Social worker, Bureau Frontlijn, Netherlands

2012: Healthcare Assistant, Victoria nursing homes

2011 – 2012: Receptionist at PizzaGoGo

2010 – 2011: Volunteer at Multiple Sclerosis Treatment centre

2010 – 2011: Teaching Assistant Volunteer at Downs View Link College

2010: Volunteer at Homeless health care surgery

Interests: Poetry, Dance and paddle boarding.